**OVERNIGHT KEFIR CHIA BREAKFAST PUDDING**

2/3 Cup coconut milk kefir (or regular kefir, but it should be plain, full fat)

2 T. chia seeds

1 t. vanilla extract

1/4 t. cinnamon

1/3 C blueberries (fresh or frozen)

1/3 C sliced strawberries

1/8 C almonds

Place all ingredients except almonds in a bowl.  Stir and cover with lid or plastic wrap.  Let sit overnight in fridge.  In the morning add the almonds and stir.  Enjoy!

[](http://2.bp.blogspot.com/-RbTet8CQgHw/VbAXwo06-LI/AAAAAAAAACc/afSQ9oR6rqM/s1600/Kefir+Chia+Pudding.JPG)